

Attending and participating in our activities – autumn 2020

This guideline lays out the safety measures we will be implementing for September to keep our staff, tutors, and customers safe as we re-open the Academy and re-start our classes.

We have been working hard to bring as many of our classes back for you whilst ensuring we have implemented the recommended social distancing and safety measures.

We will be reviewing government guidelines and our plans and information on a weekly basis.

Take care, keep safe, and let's get dancing once more.

Arranging to attend a Class/Activity

- There will be no waiting area inside the building.
- Only parents/carers of people with special needs will be able to enter the building.
- Parents dropping off young children will be required to drop them at the front door where staff will look after them and collect from exit door at the side of the building.
- Hand sanitiser and cleaning wipes will be available around the building for everyone's use along with signage to help.
- We will be operating a one-way system which will be clearly marked in the building.
- Enter by front door Exit by side door

Staff will be on hand to help, and look after you

Studio and class Safety

- Once in the building you will need to go directly to the specified studio.
- You will not be able to cross over between studio spaces.
- You will need to bring your own water/drink with you as the water fountain will not be operating.
- We will require attenders to come dressed ready for class
- We ask that you bring a bag with you to store your outdoor shoes in.
- Each studio floor will have clearly marked individual dance spaces for participants.
- Classes will be adapted by the tutor to ensure safety measures and social distancing are maintained. Initially this will mean that there will be no floor work or traveling across the studio space.
- There will be no use of equipment in classes for example no ballet barres or yoga mats.
- Studio floors will have clearly marked dance spaces for participants

For safety measures there will be no bare feet in any classes.

You will need to ensure you have the appropriate dance footwear for your class, for example jazz, ballet, tap shoes or trainers. For contemporary socks should be worn. If you are unsure of what to wear or do not have the dance shoes, please contact Dylans who will be able to help you with an alternative to wear.

You will not be able to wear your outdoor shoes in class.

We will not be prescribing the wearing of masks in class as this may lead to raised anxiety levels, and other medical concerns plus the need to replace masks once they become moist. Alternatively, we will not prevent anyone wishing to wear a mask from doing so.

As there is a correlation between COVID-19 and aerial droplets we need to reduce droplet spread by keeping intensive exercise and rises in humidity in class to a minimum (this does not relate to room temperature).

We do not prescribe the wearing of masks for tutors or participants but do ask that tutors adapt their teaching practise, so they are not talking loudly or shouting above the music to reduce the aerial spread of droplets.

Tutors should ensure everyone participating in their class is wearing appropriate footwear or socks. There should not be anyone in bare feet.

We require all tutors to ensure their class is following the required social distancing measures.

Areas for participants will be marked out on the studio floors. Tutors will be required to adapt their classes to enable participants to remain in marked areas and to be mindful of and include those who will be joining online via zoom link.

Hand sanitiser and cleaning wipes will be provided. Studios and public areas will be cleaned after use.

If you feel ill or unwell during a class, please notify a member of staff straight away. They will advise you of what to do.

If you or a member of your household has been unwell or has symptoms of COVID-19 before attending a class, do not attend. We recommend you follow the latest government advice and use the NHS Track and Trace facility.

If you feel ill

If you feel unwell after you have attended a class at Dylans please contact Mags via telephone 07966 939 064 or email magsdylan@aol.com giving your full name (or child's name if a parent/carer making the call), the class/activity and date attended, then follow government guidelines and the NHS Track and Trace. We require this information to assist us to track and trace others who may have had contact with you within your class group, staff and ensure extra cleaning and our safety measures are reviewed.

Accidents and first aid

If you have an accident or require first aid whilst at Dylans, first aid requirements will take precedence over social distancing. We will follow our company's accident and first aid procedures and ensure other people are distanced from those involved.

Notice: These measures are being put into place to ensure the safety of our staff and customers. Anyone that the team feels is not following the required social distancing and safety measures and therefore putting others at risk will be asked to leave and will not be permitted to return whilst these measures are in place. Thank you for your continued support as we work to return to a place where we can offer all our normal classes. We hope that will be soon.